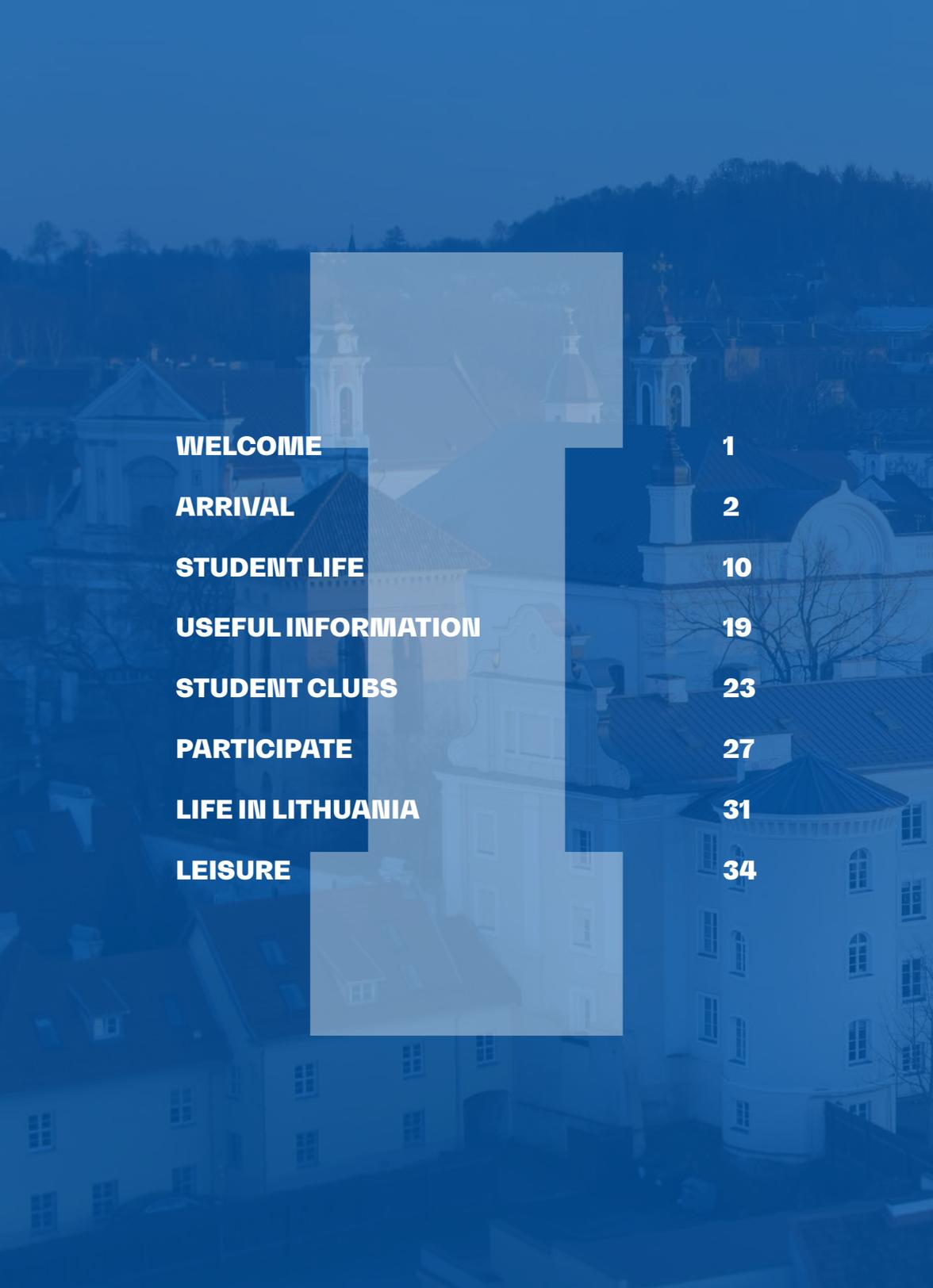


INTERNATIONAL

STUDENT

GUIDE

ISSM



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WELCOME

WELCOME WORD

“ISM is a platform, where motivated students meet experienced academics and successful business leaders. A place where future leaders learn together. In order to fulfill this mission, the ambition of ISM has to go far beyond classroom walls and academic papers. University has to be an active member of international academic and business community, a respected voice in the society. In order to help leaders grow, ISM has to be the leader itself.”

President of ISM University
Dr. Dalius Misiūnas

ISM MISSION AND VALUES



**CHALLENGE
PRESENT**



**INSPIRE
FUTURE**



**EMPOWER
CHANGE**

Our mission is to serve as a platform dedicated to high quality education for current and future leaders (executives, entrepreneurs, experts). We provide scientific knowledge for critical thinking to challenge the status quo, inspire to make an impact and empower a sustainable change. Our community – students, faculty, staff, alumni, partners – is contributing to the society by taking leadership in shaping our shared future.

OUR VALUES:

- Community built on trust and collaboration.
- Excellence in all what we do.
- Courage to challenge status quo and think one step ahead.
- Responsibility to respect and deliver.



ARRIVAL

MIGRATION ISSUES

Citizens of countries outside the EU/EEA area should apply for national D visa before arriving in Lithuania. It is your responsibility to apply for a national D visa. The exchange students, who can enter the country without visa and stay here for three months, shall apply for national visa D within these three months in the Migration Department of the Republic of Lithuania. The decision on the issue of visa D shall be made within 15 days after the receipt of application. For full time students - after national D visa next step is temporary resident's permit. All citizens of countries outside the EU/EEA area must apply for it prior to visa termination, approximately 4 months in advance.

Citizens of EU/EEA countries can enter Lithuania on the basis of their Passport or EU Identity Card. After their arrival students should register their residence if they come to live in the Republic of Lithuania for more than 3 months in a 6-month period, and obtain a certificate signifying the right to temporarily reside in Lithuania. Students have to do so within 3 months of arrival in Lithuania.

For more information contact migration@ism.lt

INSURANCE

All students are responsible for having valid insurance covering the whole duration of their stay, including travel to and from Lithuania. Students can obtain health and travel insurance from home country or Lithuania insurance companies.

Citizens of countries outside the EU/EEA must obtain insurance that guarantees the coverage of costs and expenses of the emergency medical aid, which may occur due to the students' return to the foreign state due to health issues (transportation, including the escort of a personal health care expert (experts)), as defined in the Law on Health System of the Republic of Lithuania. The insurance amount must be at least 30 000 Euros. The health insurance should be valid in Lithuania and in all Schengen area.

HEALTHCARE FOR EU/EEA CITIZENS

If you want be treated the same as a resident of Lithuania, follow the further steps:

STEP 1.

Get your European Health Insurance Card (EHIC) at your home country before leaving. EHIC covers only emergency medical care.

STEP 2.

Get a temporary residence certificate once you are in Lithuania. Do not hesitate to contact us via email migration@ism.lt for help. More information as well as the documents needed can be found [here](#). 

STEP 3.

Ask for S1 document (certificate of entitlement to healthcare, if you don't live in the country where you are insured) in health insurance institution of your home country. Look for more information and details about this document while you are still at home to make sure that you will be able to get it.

STEP 4.

Ask Lithuanian territorial health insurance funds to register your S1 document. You can either send the copy of it via email vltk@vltk.lt or bring it to Vilnius Territorial Health Insurance Fund (Ž. Liauksmiņo street 6, Vilnius). This will allow you to visit family doctors and receive other healthcare services in Lithuania for free.

CLINICS

Saulėtekio klinika

Public clinic
Antakalnio str. 38,
www.sauletekioklinika.lt

Medical diagnostic and treatment centre

Private clinic
Grybo str. 32A
www.medcentras.lt

Centro Poliklinika/ Vilnius General Public hospital

Public clinic
Pylimo Str. 3,
www.pylimas.lt

EMERGENCY TELEPHONE

112

PHARMACIES

Eurovaistinė
Mindaugo Str. 11

Eurovaistinė
Ukmergės Str. 282

Open 24/7

Benu
Žirmūnų Str. 64

PSYCHOLOGICAL COUNSELLING CONTACT

Anicetas Suchockis
*in Russian and Lithuanian
anicetas.suchockis@ism.lt
+370 5 2123960

Birutė Ruplytė
*in English
birute.ruplyte@ism.lt
+370 616 242 12

HOUSING

We are pleased to welcome students at ISM and we are willing to help them find the accommodation during the study period. ISM is located in the Old Town of Vilnius, minutes away from the city's most important sites, including railway/bus station, the Old Town Hall, the Gate of Dawn, Cathedral Square, Gediminas' Castle, the Bernardinai Garden and MO museum, as well as many beautiful old churches, museums and restaurants.

Please keep in mind that students sign the accommodation contract with properties directly. However, for the convenience of students ISM has signed contracts with some hotels/brokers.

You can find our accommodation options here. 

If you have any questions or need some advice, we have people ready to help you find the best accommodation option and rent it safely.
Contact accommodation@ism.lt

If you would like to find an accommodation on your own, please check the information below:

The biggest and most popular website for real estate rentals is Aruodas. 

Rental website for Erasmus students 

You may contact a real estate agency that will help you to find an apartment. You may contact them via e-mail: **hello@urbanrent.lt**
(NB! Real estate agency takes service fee)

Tips on renting in Vilnius 

OPENING A BANK ACCOUNT

If you are here for Erasmus, it is most likely that you will not need to open a bank account as you can use ATM's to withdraw the money. However, if you are a full-time student and will find a job here, you may want to open a bank account.

If you decide to do so, remember to always have your ID card with you when going to the bank. If you decide to open the bank account, you will need to bring your ID, student card (ISIC) and Student status confirmation (Order it via MY.ISM system).

• Please note that most banks are open on weekdays until 17:00

CURRENCY EXCHANGE 24/7

Top Exchange

Geležinkelio St. 6, Vilnius

STUDENT CARDS

There are three student cards available for you – ISIC, ESN and LSP cards and they offer various discounts.

ISIC

This card acts as an official student card in Lithuania. Up to 50% discount on the Lithuanian public transport, plus various other discounts.

• For more information please see www.isic.org. You can get your ISIC at ISM Library.

ESN

This card offers various discounts in all the EU countries, 15% discount on Ryanair flights.

• For information about benefits please see www.esncard.org. You can buy the card from ESN ISM (contact them via Facebook).

LSIC (LSP)

One more card that is also an official student card in Lithuania. This card is best for full-time students because once you buy it, it is valid for the entire period of your studies. It also gives you various discounts in Lithuania (including 50% on public transport).

- For information please see www.lsp.lt/en



CHECKLIST

BEFORE ARRIVAL (for exchange students)

- Check if you have received the Admission letter.
 - Make sure you found a place to stay.
(If not, contact accommodation@ism.lt)
 - Make sure you have a valid insurance / EU Health Card.
 - Make sure you have a valid passport / ID card.
 - Make sure you made your visa arrangements if coming from non-EU country.
(If in doubt, contact migration@ism.lt)
 - Contact your buddy.
 - Check the newest updates on Covid-19 related travel restrictions in Lithuania at <https://koronastop.lrv.lt/en/>
-

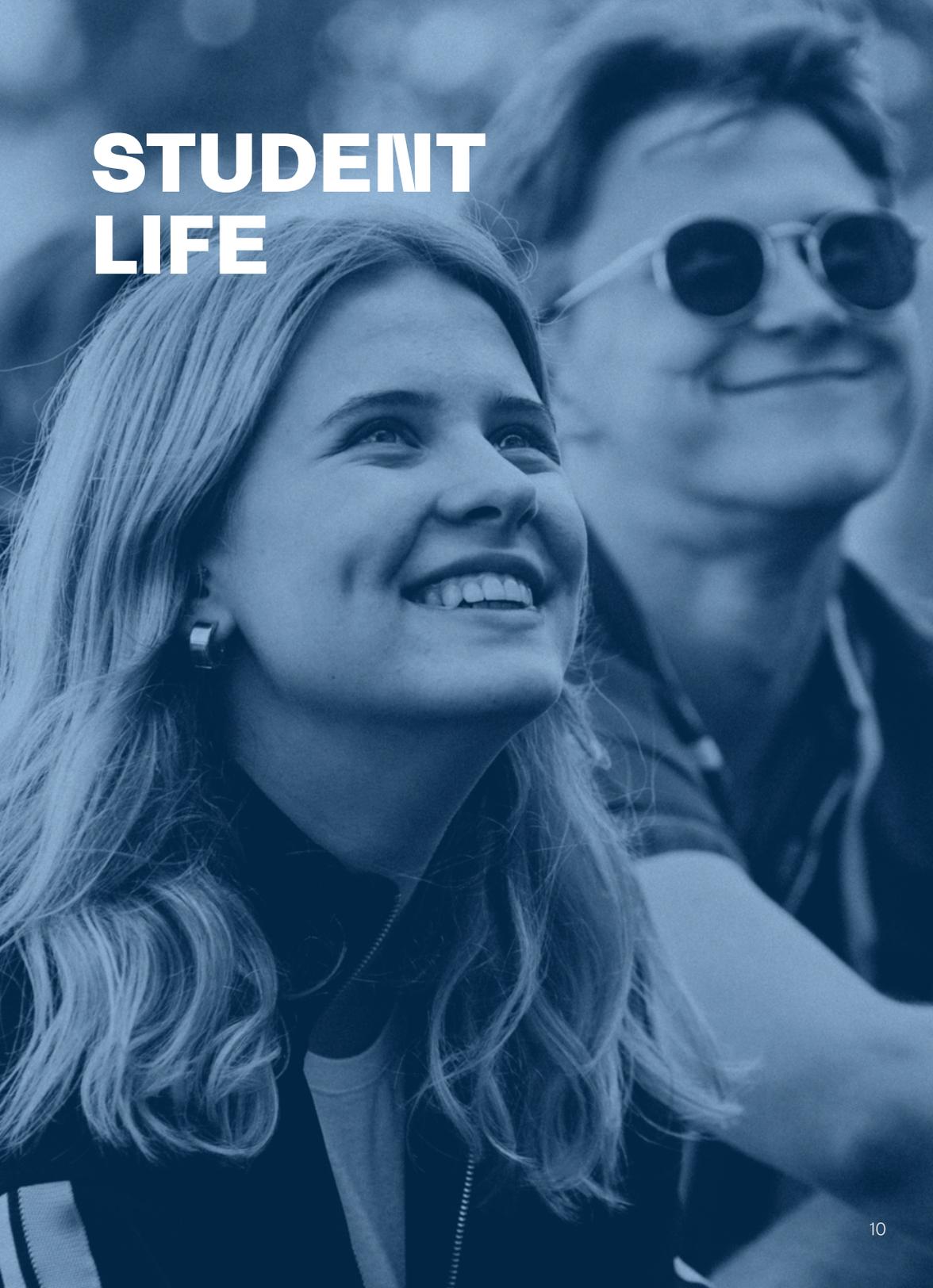
BEFORE ARRIVAL (for international full-time students)

- Check if you have signed the contract with ISM.
 - Make sure you found a place to stay.
(If you haven't yet, contact accommodation@ism.lt)
 - Make sure you have valid insurance / EU Health Card.
 - Make sure you have a valid passport / ID card.
 - Make sure you made your visa arrangements.
(If in doubt, contact migration@ism.lt)
 - Check the newest updates on Covid-19 related travel restrictions in Lithuania at <https://koronastop.lrv.lt/en/>
-

AFTER ARRIVAL

- Participated in Welcome Week
- Ordered LSIC/ ISIC/ ESN cards
- Applied for a temporary residence permit (relevant only for EU citizens only if staying longer than 3 months) and obtained a Lithuanian identification number
- Logged on to MY.ISM and E-LEARNING
- Checked your timetable and made sure there are no overlaps
- Signed up for the Lithuanian Language course
- Gotten a Lithuanian SIM card
- Purchased a monthly public transport ticket

STUDENT LIFE



ACADEMIC INFORMATION

ACADEMIC CALENDAR 2021 – 2022

	DURATION	DATES
Fall semester	20 weeks	1 of September - 21 of January
Welcome Week* <small>*The date and organization mode (on-campus/online) are confirmed and announced via email</small>	1 week	Last week of August
Examinations	2 weeks	December 13 – 23
Christmas holidays	1 week	24 of December - 2 of January
Examination + retakes	3 weeks	January 3 – 21 (Up to January 29, 2022 for Graduate students)

Spring 2022 semester	20 weeks	January 31 – June 17
Welcome Week* <small>*The date and organization mode (on-campus/online) are confirmed and announced via email</small>	1 week	Last week of January
Examination + retakes	5 weeks	May 16 – June 17, 2022 (Up to June 30, 2022 for Graduate students)
Summer holidays	2 months	June 18 – August 31, 2022

CAMPUS PLAN



1st building

1st floor - Library & Computer room 102

3rd floor - Faculty 301-305; IT; HR; Finance; Support Offices 306-308

4th floor - President's Office 401-402; Executive School 403, 406, 409, Faculty 405; Classrooms: 309, 310, 407, 408, 410, 411, 412

5th floor - SA, ESN, Student Lounge; Visiting faculty 501

3rd building

Auditoriums - 114A, 114B, 114C, 213, 214

Innobase

1st floor - Programmes Managers & Event Hall

2nd floor - Marketing Department, Study Director, Career Center, International Relation Office, Data Management Team

PROGRAMME DIRECTORS

You can contact a programme director regarding the content of programmes, electives, quality of the subjects, internship and bachelor or master thesis.

MASTER PROGRAMME DIRECTORS:



DPhil candidate
Tomoyuki Hashimoto
Financial Economics
tomoyuki.hashimoto@ism.lt



Assoc. Prof. Dr.
Lineta Ramonienė
International Marketing
and Management
lineta.ramoniene@ism.lt



Prof. Dr.
Vida Škudienė
Innovation and
Technology Management
vida.skudiene@ism.lt



Dr. Vita Akstinaitė
Global Leadership and Strategy
vita.akstinaite@ism.lt

BACHELOR PROGRAMME DIRECTORS:



Prof. Dr.
Tadas Šarapovas
Economics and Data Analytics
tadas.sarapovas@ism.lt



Assoc. Prof. Dr.
Vincentas Vobolevičius
Economics and Politics
vincentas.vobolevicius@ism.lt



Dr. Eigirdas Žemaitis
Digital Business and Innovation
Industrial Technology Management
eigirdas.zemaitis@faculty.ism.lt



Assoc. Prof. Dr.
Maik Huettinger
International Business and
Communication
maik.huettinger@ism.lt



Dr. Dominyka Venciūtė
Business Management
and Marketing
dominyka.venciute@ism.lt



Dr. Dmitriy Katkov
Finance
dmitrij.katkov@faculty.ism.lt

STUDY MANAGERS:

You can contact study managers regarding timetables, exam sessions, requests and other administrative matters.



BACHELOR STUDY
studies@ism.lt



MASTER STUDY
jurate.juodeike@ism.lt.

INTERNATIONAL STUDIES OFFICE:



Monika Kondratavičiūtė
Team Leader of International Studies
monika.kondrataviciute@ism.lt



Simona Puidokienė
International Studies Coordinator
(Outgoing students, migration)
simona.puidokiene@ism.lt



Greta Tarnauskaitė
International Studies Coordinator
(Incoming students)
greta.tarnauskaite@ism.lt

INTERNAL SYSTEMS



E-MAIL SYSTEM (webmail.ism.it)

We send all important information via ISM e-mail so check your student mailbox regularly! Tip: download Outlook app to your phone and get a notification each time you receive an e-mail.



MY ISM SYSTEM (my.ism.it)

Timetable, grades, financial information, personal data, exchange, admissions, references.

References – order your reference through my.ism.It system and take it from study office or download it from my.ism.It portal. You will be informed when it is ready via e-mail. Usually it takes up to two working days.



E LEARNING SYSTEM (elearning.ism.it)

Learning material, forms of requests, all studies related documents.



HELPDESK (helpdesk.ism.it)

Reporting problems, changing password, connecting to “eduroam” WiFi network and many other useful tips & tricks.



MyQ SYSTEM

Printing/copying – MyQ vouchers are sold at ISM Library. You can find instructions on how to use MyQ System on helpdesk.ism.it



MS Teams

Place where online lectures are happening. Use the same log in as for any other ISM internal systems or take a look at the instructions on helpdesk.ism.it

GRADING

ISM uses 10-point (10 being the highest possible grade, and 1 – the lowest) grading scale and Cumulative Grade Formula.

Cumulative Grade Formula – in most cases the final grade for a course is formed from the midterm and final exam grades, as well as the assignment grades together. Each of these grades have different percentile values, that depend on the course. For more information please check the syllabus of each course.

Failing grades are not calculated into the final grade. Please note that 4,99 point is still considered failing and counts as 0 in the cumulative grade.

Detailed grading criteria can be found [here](#). 

EXAMS

Bachelor students:

Bachelor students have two exam periods: midterms and final exams at the end of the semester. During the Fall semester Bachelor exchange students have the exam session arranged in mid-December so the exchange semester is finished before Christmas Holidays. In case of failed exams, students must be present in January as well, since the retake exams are organized in the second half of January.

For spring semester there are no earlier exam session, students take their exams along with regular students. Retake exams are organized in the second half of June.

Exam session schedules are announced a month before the start of the exam session. Timetables are announced 2 weeks before the beginning of the semester.

Retakes: if a student has received a failing grade they have a right to a retake. Retakes are organized during the exam period at the end of the semester.

Master students:

All master courses are intensive courses with the exams held right after each course, therefore there is no regular exam session for master students. Master classes are held weekday evenings starting at 18:00. Some classes may be scheduled on Saturdays as well.

Timetables are announced 2 weeks before the beginning of the semester.



Do not forget that time change happens in Lithuania. Daylight saving time starts in March as we turn the clocks 1 hour forward. Daylight saving time ends in October as we turn the clocks 1 hour backward.

LITHUANIAN LANGUAGE

A Lithuanian Language Crash Course is organized during the Welcome Week for all new incoming international students.

If you are interested in learning more and showing off your skills while communicating with the locals you can sign up for a Lithuanian Language course for Beginners and attend the classes throughout the semester (2 lectures per week, 1,5h each). The course is free of charge.

The classes are organized if 10 or more students register to the course.

For more info please contact international@ism.lt



ISIM

**USEFUL
INFORMATION**

LIBRARY INFO



Get the books, use the reading rooms and online databases. If you need any help in printing or getting around the ISM library, our librarians are always ready to help.

Contact info:

Arkliq Str. 18 - 101
+370 612 20139
biblioteka@ism.lt

Working hours

Monday - Friday 08:00 - 21:00
Saturday 10:00 - 18:00

*Working hours may vary in case of quarantine.

You can always look for the most recent information, working hours and FAQ at www.ism.lt/en/library/

EXCHANGE

Full time students are eligible for exchange programs to a foreign university, which ISM University of Management and Economics signed a cooperation agreement with. It may be a regular exchange semester or a double degree program, or even both. We hold two selections per year, so students should follow the information on our internal systems and e-mails. More information might be found on:

<https://www.ism.lt/en/international-studies-office/> 

If you would like to know more about your exchange possibilities, please contact international@ism.lt

CAREER CENTER

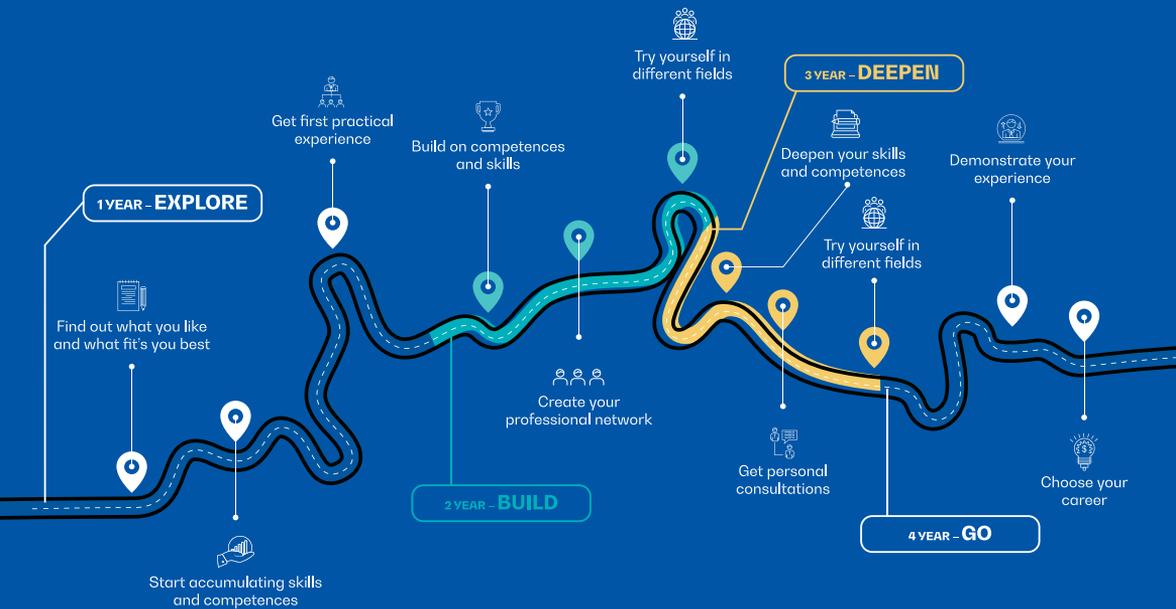
Career opportunities

You need a career plan. Make your own.

To seek for the best, you need to have a plan. So Career Center has prepared guidelines which could help you to collect all the experience you need for a successful future.

ISM career roadmap

Executive, Entrepreneur, Expert



WORK IN LITHUANIA

Work in Lithuania is a platform uniting more than 200 international companies that are always looking out for beginning and experienced IT, Finance, Marketing, Business, Sales and other specialists. All of the companies have been vetted, and every position (of which there are hundreds) is open to foreign nationals. WIL is also happy to provide you with free of charge support in finding a job.

For more information visit www.workinlithuania.lt



EXCEPTIONAL INVITATIONS, INTERNSHIP/JOB PROPOSALS, CONSULTATIONS

- Visit career center section at ISM webpage where you will find proposals from companies only for ISM students!
- Check your mailbox for weekly newsletter from Career Center. You will receive most important and interesting information directly to your student mailbox.
- Don't miss interesting events and other opportunities. Take part in them and build your professional profile!
- Register for individual consultation with one of our Career Center managers and find out everything what is bothering you about CV or motivational letter.

Get all information at ISM Career Center:

<https://www.ism.lt/en/career-center/>



Simona Česnakaitė
Career Center Manager

simona.cesnakaite@ism.lt

A young woman with long brown hair, wearing a blue knit beanie, is looking off to the side with a thoughtful expression. Her hand is resting under her chin. In the foreground, the out-of-focus face and shoulder of another student are visible. The background is a blurred indoor setting, possibly a school hallway or cafeteria, with soft lighting. The overall color palette is dominated by cool blues and greys.

STUDENT CLUBS



ISM Students' Association

ISM SA stands for your interests in the University and nationwide, searches for solutions of academic and social problems, organizes cultural, entertaining events and conferences.



ISM Marketing Club

Here you will be able to represent ISM University, improve public speaking skills, organize various events and be the ambassador of ISM.



AIESEC ISM

AIESEC - international youth-run organization who tries to reach peace and fulfilment of humankind's potential. Here you can learn not only sales and project management, but also to discover who you are and make yourself a leader!



ISM Investment Club

This club is focused on helping students to learn more about investing in crypto, bonds, stocks, FOREX, etc. The main goal of the club is to broaden students' knowledge about investment field and to help them develop practical investment skills as well as test them in the markets.



ISM Golf Club

The only university golf club in Lithuania. The members are motivated ISM students, who are united by golf. They train at the European Centre Golf Club, attend golf tournaments, spread the word about ISM University and golf.



ISM Tennis Club

The purpose of this group is to gather all members of the ISM community who enjoy playing, watching and discussing tennis and countries of operation.



ESN ISM

ESN ISM invites you to become a part of Erasmus family! Join ESN ISM team or apply as a buddy for exchange students and enjoy the time surrounded by different cultures, improve your soft skills and grow your International Network.



ISM Football Club

The mission is to help ISM community members who are interested in playing/watching football to find the opportunity to play football with like-minded people.



ISM Volleyball Club

ISM Volleyball Club is a place to have fun, to gain and improve skills. Members of this club involve everyone from ISM community who is interested in volleyball regardless of their level, so feel free to join!



ISM CEO Club

ISM CEO Club is a unique organization that has a mission to help and prepare students who see themselves in the top management positions. The cornerstone of club's activities will be the meetings with real world CEOs that will come from different fields, companies and countries of operation.



ISM Wake Club

Club is open for every member of ISM community who is interested in wakeboarding. The main idea is to build even stronger community at ISM by spending some time on water together and making new connections to your professional network at the same time.



ISM Politics Club

ISM Politics Club is an organization where people that are interested in political affairs are gathered in order to broaden their outlook and engage in meaningful activities.

For more information contact: studentactivities@ism.lt

COUNSELLING AND PSYCHOLOGICAL WELLBEING

University provides psychological counseling for students who want to overcome their present difficulties and learn to tackle similar problems in the future.

The issues for counseling in most cases relate to:

- Uncertainty caused by the need to take important decisions
- Personal and interpersonal difficulties
- Strong feeling of sadness, anxiety, fears
- Problems at work or studies
- Stressful events (divorce, loss of the joy of life, and other unpleasant experiences)
- Lack of self-confidence

If you want to have a consultation, you can register through e-learning system or email.

Consultations are provided in English, Russian and Lithuanian languages.



Anicetas Suchockis
+370 521 23960
anicetas.suchockis@ism.lt

Russian and Lithuanian consultations



Birutė Ruplytė
+370 616 24212
birute.ruplyte@ism.lt

English consultations



PARTICIPATE

Welcome week

It takes place a week before the beginning of each semester and it helps you to settle into University life. Participation is mandatory. Follow your ISM mailbox closely not to miss it. Welcome week events will introduce you to your buddies, international coordinators, academic advisors and student life at ISM. With the help of Erasmus Student Network and your buddies, your transition will be easy, fun and definitely unforgettable.

Introduction days (relevant only for full-time international students)

Introduction days are organized for full-time freshmen of ISM. During the events and meetings students are introduced to the academic and social life of the university and get a chance to meet their groupmates. There are academic information, orientation games, picnic and social gatherings during those days. Check your e-mail for more information. Schedule will be available 2–3 weeks prior the event takes place.

Buddy program

Both exchange and full-time international students can get a Buddy to help you around in the beginning of your studies at ISM. Buddies for exchange students will be picked up in collaboration with Erasmus Students' Network of ISM. You will receive more information on that via email about a month before the semester starts. All international full-time students will get a mentor who will contact you in the very beginning of the semester. Do not miss a chance to obtain some wisdom from our students – this can make your integration easier!

Freshmen FUX camp

The FUX camp organized by Students' Association of ISM University of Management and Economics is one of the most exciting events for young freshman! This is a 3-day social gathering filled with many activities, bonding experiences, and many new adventures. During FUX camp you will have the ability to meet your new course mates and take the first step of your student journey.



ISM Freshmen initiation

The Freshmen initiation is an event organized by your course mentors, who will be taking care of the first-year students. During this celebration, each course will compete with each other by doing various challenging tasks and try to prove which bachelor program is the best in ISM.

Creative Shock conference

This is a Social Business Conference and competition. During the conference open lectures are held for the finalists and the public. International and local speakers share their ideas and thoughts on global business trends and social entrepreneurship. In addition, student teams from all over the world will have the ability to participate in the competition and win amazing prizes by solving real life social business problems.



Live Music Event

When November's wind has spread leaves all over the place, and long, cold nights make everyone tired and sleepy, all you need is a good wake up call to feel joy in your heart once again. Live Music Event will be the one bringing you back good energy and emotions with many showcases sung or played with various instruments by ISM students. This magical evening will be part of your unforgettable experience and you will want to come back here every year.



Patirk

Putting knowledge and skills into practice can be one of the best ways to improve learning, expand professional network and develop a career. "Patirk" is an initiative organized by ISM Students' Association that provides students of ISM University with an opportunity to apply for an internship in some of the most acknowledged companies in Vilnius. Get an insight into what it means to be a part of an acclaimed company, gain invaluable experience and raise your competence.



LIFE IN LITHUANIA

INTRODUCTION

Vilnius is the capital of Lithuania and the geographic center of Europe. It is modern European capital with its own distinctive ambiance, a unique blend old and new, traditional and cutting edge. With the population of just over half a million it makes it easy to have a comfortable and sustainable living in Vilnius. ISM University of Management and Economics, located right in the heart of the city offers students the comfort of reaching the main sights and places within the walking distance and gives students an opportunity to enjoy the best of Lithuanian capital without having to commute long distances.

CLIMATE

Lithuania has a mix of maritime and continental climate, meaning winters are quite cold and summers are warm. It can get as low as -25 degrees in winter time, therefore do not forget to pack warm clothing! Raincoats and umbrellas are always a good idea in Lithuania, no matter the season.

LITHUANIAN PHONE NUMBER

Would you like to have a Lithuanian phone number? No problem! Prepaid SIM cards with plans for data, calls and SMS cost €3–8. SIM cards are available at Narvesen kiosks as well as most supermarkets. Signing a contract for monthly service is easy but requires a residence permit and a deposit.

EMERGENCY
PHONE NUMBER

112 

FIND OUT MORE:

All information for foreigners and returnees

<https://www.renkuosilietuva.lt/en>

GETTING AROUND IN VILNIUS



Trafı

The best way to understand Vilnius public transport system is by using the Trafı app.



Cyclo City

It is easy and cheap to rent the bike and go wherever you need to be. www.cyclocity.lt



CityBee

CityBee has hundreds of cars for rent around Vilnius city center. www.citybee.lt



Bolt

Reach any location in Vilnius by car or electric scooter fast and easy with Bolt app



Spark

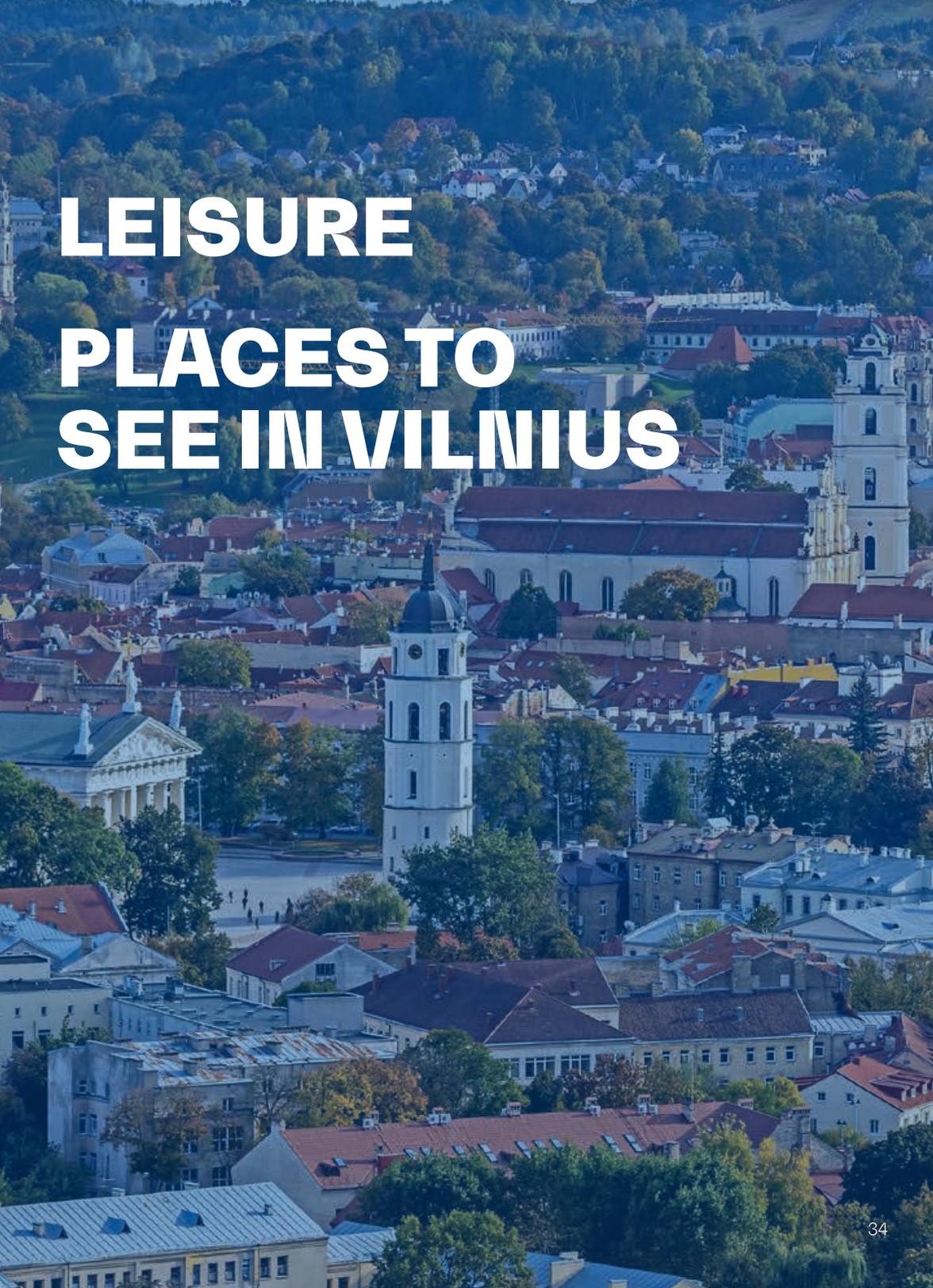
The very first fully electric car sharing company provides affordable eco-friendly mobility solutions with self-driving pleasure in Vilnius. www.espark.lt and SPARK mobile app

TICKETS

You can buy an electronic ticket called “Vilniečio kortelė” in all Narvesen kiosks, newspaper kiosks or Maxima supermarket. Vilniečio kortelė can be credited with an appropriate amount of money and/or the selected public transport tickets (30min, 1 day, entire month, etc.) Once you have a valid ticket in the card, you need to activate it on board of a public vehicle. New Vilniečio kortelė costs €1,5.

M.TICKET

You can also buy public transport tickets on m.Ticket or Trafı mobile apps.



LEISURE PLACES TO SEE IN VILNIUS

Vilnius is recognised by UNESCO as one of the most beautiful cities of Europe with the largest Baroque old town in Northern and Central Europe. The Old Town, surrounded by excellent landscape blends in harmony of the heritage of the past and present achievements, science and culture. Vilnius is the centre of our country's spiritual, cultural, religious and political life.



The Republic of Užupis

You can find galleries, street art, lots of cafes, restaurants and boutiques in Užupis.



Vingis Park

Is the biggest park in Vilnius, perfect way to spend a day having a picnic, fun time or doing sports.



St. Anne's church

Masterpiece of the Gothic period, unquestionably one of the city's most famous landmarks.



Gediminas Hill

A symbol of Lithuania. Climb the hill and enjoy the magnificent panorama of Vilnius city.



Hill of three crosses

Not just a symbol of Vilnius, but also a monument for the national identity.



MO

Invites visitors to attend exhibitions, film screenings, educational activities, concerts and events geared to all age groups.

[The official website for tourism and business in Vilnius](#) 
[What is happening in Vilnius](#) 

PLACES TO VISIT IN LITHUANIA

A land of forests, lakes and beautiful national parks Lithuania is recognised as one of Europe’s gems. Southernmost of the three Baltic states, it’s a pocket-sized with its thriving art scene, cultural life, fascinating architecture and beautiful nature, Lithuania is an excellent place to be.



Kernavė

The ancient capital of pagan Lithuanian based on the picturesque bank of the River Neris.



Hill of crosses

There are about 200,000 crosses made of everything from wood to metal.



Curonian Spit

The peninsula separating the Baltic Sea and Curonian Lagoon it has stunning nature and best beaches.



Trakai Historical National Park

Historical capital of Lithuania surrounded by beautiful nature with the medieval castle on an island.

Being a tourist in Lithuania ➡

What's your next trip? Visit <https://lietuva.lt/en/> ➡

LITHUANIAN FOOD

Lithuanian cuisine features the products suited to its cool and moist northern climate: barley, potatoes, rye, beets, greens, and mushrooms are locally grown, and dairy products are one of its specialties. Since it shares its climate and agricultural practices with Eastern Europe, Lithuanian cuisine has much in common with other Eastern European and Jewish cuisines. Nevertheless, it has its own distinguishing features, which were formed by a variety of influences during the country's long and difficult history. Most popular of all in Lithuania is pork and potatoes. Lithuanians just love bacon!

DISHES TO TRY:



Cepelinai
Big potato dumplings with pork filling and bacon on top.



Potato pancakes
Comes with sour cream sauce and/or pork filling.



Šaltibarščiai
Cold beetroot soup.

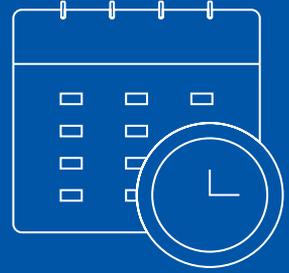


Kibinai
Pastries traditionally comes with mutton and onion filling.

NATIONAL HOLIDAYS

2021/2022

November	1	All Saints' Day
November	2	All Souls' Day
December	24	Christmas Eve
December	25	Christmas Day
December	26	Second day of Christmas
January	1	New Year's Day
February	16	Restoration of the State Day
March	11	Restoration of Independence Day
April	17	Easter Sunday
April	18	Easter Monday
May	1	Labour Day
June	24	St. John's Day (Midsummer)
July	6	Anniversary of the Coronation of King Mindaugas
August	15	Assumption Day



Note that these days are non-working days for businesses and institutions. You can also expect irregular public transport schedules.

MINI DICTIONARY

Knowing key words and phrases in Lithuanian might be useful during your stay.

You can also sign up for Lithuanian language course (more information on page 15)

FOOD AND DRINKS:

Food – maistas

Drinks – gėrimai

Bread – duona

Cheese – sūris

Eggs – kiaušiniai

Milk – pienas

Chicken – vištiena

Fish – žuvis

Salmon – lašiša

Fruits – vaisiai

Vegetables – daržovės

Coffee – kava

Tea – arbata

Beer – alus

Wine – vynas

Juice – sultys

Water – vanduo

USEFUL PHRASES:

Hello – labas

Good morning – labas rytas

Good afternoon – laba diena

Good evening – labas vakaras

Goodnight – labanaktis

Goodbye – viso gero

Yes – taip

No – ne

Please – prašau

Thanks – ačiū

You are welcome – nėra už ką

How are you? – kaip sekasi?

Okay – gerai

My name is... - mano vardas...

Where is...? – kur yra..?

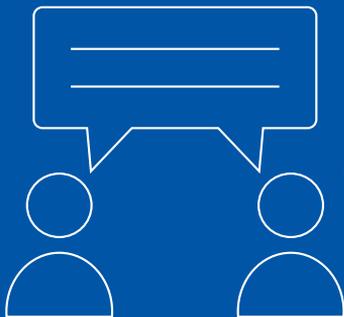
Sorry/ Excuse me – atsiprašau

Cheers – į sveikatą

I'm a vegetarian – aš vegetaras

How much is it? – kiek kainuoja?

I don't understand – aš nesuprantu



Do you speak English? – ar šneki angliškai?

Can you help me? – ar gali padėti?

NUMBERS:

1 – vienas

2 – du

3 – trys

4 – keturi

5 – penki

6 – šeši

7 – septyni

8 – aštuoni

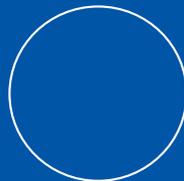
9 – devyni

10 – dešimt

50 – penkiasdešimt

100 – šimtas

1000 – tūkstantis



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